

## Principal's Message

Dear Families and Friends,

Welcome back to everyone and a special welcome to our new families and students who have either begun their school life at Truro Primary or have moved to the school recently. It has been wonderful over the past two weeks meeting students and their families. If I haven't met you yet, please pop in and say hi when you can!

I would also like to welcome Renee Floyd back to our school this year. Renee is our Pastoral Care person, and will be here every second Tuesday and every Thursday supporting the wellbeing of students and their families. We will continue to have breakfast one morning per week, but we have changed from Monday mornings to Thursday morning. Renee has been busy this week working with students to plan lunch time activities and we hope to have these up and running in the next couple of weeks.

Teachers and SSOs have also been busy over the last couple of weeks, organising programs and setting up for success. They have been working together planning the learning for 2020.

## Teacher Information Sessions

Next Tuesday we will be holding our Open Classes Night from 4-6pm. Our Governing Council Annual General Meeting (AGM) will be scheduled for a different time in the next few weeks.

The Open Classes Night is an informal occasion for you to come along to the school and visit your child's classroom, meet the teacher and have a look around the school. There is also a

sausage sizzle for families to enjoy between 5-6pm.

## Governing Council

Governing Council AGM is a fantastic opportunity for interested parents, staff and community members of the school to come together to hear about the progress of our school, highlights of the previous school year such as sporting and academic achievements and to hear about some of the proposed directions of the school for 2020.

If you are interested in being elected onto the Governing Council, please let me know. If you would like more information then don't hesitate to contact either myself or our current Governing Council Chairperson, Chloe Bartel.

I would like to say a big thank you the Varro's grandparents, Michael and Andrea for donating a box of nectarines from their orchard this week. Students have really enjoyed them. Also thank you to Kendra and Madelyn's dad Michael for helping me pull down the school marquee. We appreciate parent help and support at school. If you are interested in helping out please contact the school. This could be listening to reading, working with students in the garden, joining our Parents & Friends committee.

Finally, I would like to wish all staff, students and parents a wonderful year. I am looking forward to sharing many experiences with you throughout the year.

Valerie Menzel  
Principal  
Valerie.Menzel106@schools.sa.edu.au

## TRURO PRIMARY SCHOOL

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# SCHOOL NEWS

## Communication

I would strongly encourage you to speak to your class teacher if you have any questions, queries or concerns. Every class teacher is sending out class introductory information explaining what students are working on this term as well as the best ways to contact teachers. This can be by telephone, mail and some teachers use diaries and Class Dojo. I ask that parents please make an appointment with teachers as the mornings are extremely busy and difficult for teachers to speak once classrooms are opened.

You can also contact me via phone, email or class Dojo. I will be teaching Tuesday and Wednesday afternoons this year. I will have time to meet Mondays and Fridays. Please see Jenni or Rachael at the front office if you would like to organise a meeting.

## 18th February

### Teacher information sessions:

- 4.00pm** R,1, Jane Furnell  
Echidna Learning Area
- 4.20pm** Yr 2,3,4 Cristina Musolino  
Kookaburra Learning Area
- 4.40pm** 4,5,6,7 Natalie Mudge  
Possum Learning Area
- 5.00pm** FREE Sausage sizzle  
all families welcome.

*For catering purposes please return form at the back of this newsletter if you will attending the sausage sizzle.*

*Thank you*

## Library News

### Library Book Borrowing

Please make sure your child always has their Library Bag for borrowing. This helps your child keep track of their books and also protects the books as they travel to and from home. If you are unsure of borrowing days, please see your child's teacher.

Each year level has a different borrowing limit. These are:

**R/1: 2 books (1 week)**

**2-4: 3 books (1 week)**

**5-7: 4 books (1 week)**

If your child has overdue books they will not be able to borrow any more until these have been returned. They can also re-borrow their books if they haven't finished them, they just need to bring them in on their library day and re-borrow them.

Notes regarding overdue books will be sent home at the end of the term. Please encourage your child to be responsible for knowing what books they have borrowed and when they need to return them.

### Premier's Reading Challenge

The Premier's Reading Challenge for 2020 has begun. Students have a Premier's Reading Challenge recording sheet in their diaries. Teachers are encouraging students to borrow at least 1 "reading challenge" book each week. The challenge finishes in September so we have plenty of time to complete the challenge.

### Parent Library

We are also fortunate enough to have a Parent Library with many resourceful books on various subjects. Parents are also able to borrow from the School Library. If you would like to borrow books from our Library, please see Jenni in the front office and she will set you up with a borrowing card.

### Volunteers Needed

Do you love books? Have a flair for book covering? Have a little bit of time after dropping the kids off or before picking them up? We are looking for parents to help with book covering. If you would like to help please see Jenni in the front office.

Thankyou  
Jenni



# SCHOOL NEWS

## Pastoral Care Worker News

Hello everyone,

I hope everyone had a nice holiday break, and ready for 2020 school term. Sometimes it is hard to get kids into a routine when there has been a long holiday period. All families need some type of routine to establish normality, a way to get things done and a sense of security.

Children often fear the unknown - whether it's the broccoli on their plate or a big life change. While changing is a learning opportunity, it can also be stressful for children. A routine brings comfort and consistency to a child's life.

Daily routines might include: Time to get ready in the morning. Bath times, meal times and bed times. House work, cooking and cleaning schedules. Play time, family time and outdoor play.

When you include meaningful and important elements into your family life, you're letting your child know what's important.

When a child knows what to expect and notices regular family activities, they begin to understand what's important. This strengthens shared values, beliefs and interests.

While daily routines look different across neighborhoods, the most important aspect is creating a routine that works for you and your family.

Regards,

Renee Floyd ☺

Pastoral Care Worker

In order for people to know when Renee (our Pastoral Care worker), will be on site, we have included her work pattern which shows the days that she is here. Breakfast club is now on Thursday mornings to fit in with Renee's change in work pattern. Thank you

*Renee is available every Thursday morning for a coffee and a chat after Breakfast Club under the undercover area.*

Renee's Timetable

WEEK	DAY	DAY
<b>Term 1,2,3,4</b>		
1		THURS
2	TUESDAY	THURS
3		THURS
4	TUESDAY	THURS
5		THURS
6	TUESDAY	THURS
7		THURS
8	TUESDAY	THURS
9		THURS
10	TUESDAY	THURS
11		THURS

## Important Dates and INFORMATION

### Term 1 2020

Tuesday 28th January - Term 1, 2020 commences

Tuesday 18th February - Assembly 3pm

Tuesday 18th February - Teacher info sessions

Sausage sizzle

Friday 21st February - P&F AGM in Lizard Learning room.

Wednesday 4th March - GRIP Leadership conference.

Tuesday 17th March - Assembly 3pm

Tuesday 7th April - Assembly 3pm

# FINANCE NEWS

## Materials & Services

Materials and Services Invoices have been sent home with this week's newsletter. The standard sum for each Primary School student is \$244 which was approved by the Governing Council last year. We would appreciate your payment as soon as possible. If your circumstances make it difficult for these fees to be paid, could you please come and see either Val or Rachael so we can make arrangements to pay by instalment. These arrangements are kept confidential.

If you intend on applying for school card, this can be done online - see details below. If you prefer to fill in a paper copy of the form, please see Rachael in the office.

**Please note it would be appreciated if any payments via cash be made between 8:30 - 9:30am each morning. We only accept payment via cash, cheque or EFT. Unfortunately we are unable to accept credit cards. When paying via EFT, please ensure that you use the Family ID Code located on your invoice so I can apply the correct payment to the correct family.**

## Additional Costs

Extra costs in addition to the M&S Charges will be invoiced throughout the year. We will endeavour to inform you well in advance and advise you of the costs to allow families more time to budget & pay for these additional costs. Payment plans are also available for these additional costs. Please see Rachael for forms.

Consent forms for these opportunities will be sent home closer to the date of each excursion.

## APPLYING FOR A SCHOOL CARD



### All types of School Card applications are now online.

You can access the online forms from any device that gets internet, including mobile devices, such as tablets and smart phones, as well as laptops and computers.

Applying online is easy! Simply follow the steps below.

- STEP 1** Visit [sa.gov.au/education/schoolcard](http://sa.gov.au/education/schoolcard)
- STEP 2** Select the type of School Card you would like to apply for (for example 'Type A') and follow the prompts.
- STEP 3** Complete all mandatory fields.  
*Please note: you cannot submit your application unless all mandatory fields are complete.*
- STEP 4** Once you have completed a page click on the 'NEXT' button.
- STEP 5** Once you have filled out all pages click the 'SUBMIT' button.  
*Please note: if you exit the form without clicking 'SUBMIT' your details will be lost.*

You can save the form, and return to complete it at another time, by clicking on the 'SAVE' button.

### Income limits

The tables below list the income limits for applications lodged in 2020 - based on the family's gross income in 2018/2019.

To qualify for School Card, your family's gross income must be below a certain limit. This limit depends on how many dependent children you have and whether your child attends a government, independent, or Catholic school.

You will need to provide proof of income - eg payslips or Centrelink information.

### Eligibility income limits for a student attending a government school

Number of dependent children	Gross annual income limit	Gross weekly income limit
1 child	\$60,264	\$1,159
2 children	\$61,340	\$1,180
3 children	\$62,416	\$1,201
4 children	\$63,492	\$1,222
5 children	\$64,568	\$1,243
More than 5 children	Add \$1,076 for each dependent child	Add \$21 for each dependent child



[sa.gov.au/education/schoolcard](http://sa.gov.au/education/schoolcard)



# SCHOOL NEWS

## Medication Management

Medications include all prescription & over the counter medications as well as alternative therapies (eg, vitamins, minerals & supplements).

**Staff WILL NOT under any circumstance administer any medications without a completed Medication Agreement form. If a form has not been completed you will be asked to come to the school to administer the medication. Please do not ask staff to administer any medications without the form.** Please note staff cannot administer any medications rectally.

Medication Agreement forms are available online through the Department for Education website:

[www.education.sa.gov.au](http://www.education.sa.gov.au) (search Medication)

We will also include one on our own website & skoolbag for you to access.

Students may carry some medications (ie. Asthma medication) in their bags - Please ensure a HSP154 Carrying and/or Self-administration of Medication Form is completed.

**It is your responsibility to keep staff informed of any changes to your child's health so that we are prepared if the need arises.**

All staff are trained in First Aid & Asthma care.

If you have any further queries or concerns, please see Jenni or Rachael in the office.

This form is developed in partnership and has co-ownership with the South Australian Department for Education and the Department for Health and Wellbeing, Women's and Children's Health Network

### Medication Agreement for education and care

**CONFIDENTIAL**

This information is confidential and will be available only to relevant staff and emergency medical personnel. The medication of each student can constitute the medication agreement administered in education and care service by the legal guardian or adult student. A missing medication agreement may result in the student not being able to attend school or care service.

A registered health professional (ie medical consultant, specialist nurse, GP, Dental) completes the Agreement section for any Controlled Drug (CD) (including nicotine replacement) which is used where access or administration is required by the student in education or care, or where a first dose or dose increase, adjustment or renewal is required to be administered in education or care within one week. Where medication is prescribed this must be documented on an individual Medication Agreement (HSP151).

**Medication Agreements that are inactive, overwritten or illegible will NOT be accepted.**

**LEGAL GUARDIAN OR ADULT STUDENT TO COMPLETE:**

Education or care service:	
Name of child or young person:	
Date of birth:	Date of first review:
Emergency contact:	

**MEDICATION INSTRUCTIONS**  
The medication instructions must match EXACTLY the pharmacy label on the medication or medication will not be administered

Medication name:	TIME(S) to be administered within 1 hour of specified time:
Form (tablet, liquid, capsule, tablet, injection, inhaler, injection, subcutaneous):	
Strength (mg or ml/ml):	Start date:
Other instructions for administration (when not appropriate to administer; how to administer i.e. with food; any changes to medication prior to administration i.e. crushing):	End date (Medication agreement ceases to be valid as at this date. Not required for long term medication):

**AUTHORISATION AND RELEASE**

The medication documented above is required to be administered during attendance at the education or care service.

The medication documented above is NOT a Controlled Drug (CD), oxygen, insulin or pain relief that requires administration more than three times in one week or is a Schedule 8 or 9 medicine (as defined in the Health Practitioners Regulation Act 2009).

Where the medication is a prescription medication, the medication has been prescribed for a current health condition.

I confirm this medication has been administered to my child previously (a first dose cannot be administered in education or care).

My child is well enough for school (no active fever, no diarrhea or vomiting, able to eat and drink as per normal, enough energy to participate throughout the day and if there is a change in the child's health condition, I will be called to collect them).

I understand the medication provided must have a pharmacy label that matches the information in the Medication Agreement or the medication will not be administered.

I approve the release of this information to supervising staff and emergency personnel (if required).

I authorise the medication as instructed above to be administered in the education or care setting.

I verify the above statements are true and correct.

Legal guardian or adult student/parent:

Print name (surname, first name, address, email): \_\_\_\_\_ Date: \_\_\_\_\_

Print name (surname, first name, address, email): \_\_\_\_\_ Date: \_\_\_\_\_

**AGREEMENT: REGISTERED HEALTH PROFESSIONAL TO COMPLETE**  
This medication is a Controlled Drug (CD) (oxygen, insulin or pain relief) required to be administered (over a 30 day period):

I agree the medication instructions as written above are appropriate for administration in the education or care setting.

I authorise delegation to the WCHN Access Assistant Program (N) (Designation of Care Program) (if required):

CD name & manufacturer (if any): \_\_\_\_\_ Date: \_\_\_\_\_

PHYSICIAN'S NAME: \_\_\_\_\_

Telephone: \_\_\_\_\_ Email or signature: \_\_\_\_\_

HSP151  
Medication Agreement  
Health Support Planning

## BOOKCLUB

LOOP, Linked Online Ordering & Payment platform, allows parents to order and pay for your child's Book Club requirements in one simple online process. **LOOP** orders are linked to our school and our **Book Club Ordering Group**. Orders sit pending until the school submits the final school order to Scholastic.

If parents want to pay by credit card for online **Book Club** orders, **LOOP** makes it easy! Orders will be submitted safe and sound to schools packaged with your child's name, eliminating the need for paper order forms and eliminating the need for our staff to sort book orders. **THIS WILL BE OUR PREFERRED ORDERING METHOD FOR 2020.** If you do not have access to the internet we will still accept orders, however, we would prefer you to use the LOOP ordering system.

**Due to the size of our school we only have 2 classes set-up (R-7 & Playcentre). When you register, please go into the Profile Tab, then the Children Tab, find child's class & click on the child's class dropdown menu & select R-7 Dittrich & save.**

Please note that the while Truro Primary support the Scholastic Book Club, we do not endorse all of the books in the Book Club Catalogues.

SCHOLASTIC  Book Club

How to order on the **Book Club** platform  
[bookclubs.scholastic.com.au](http://bookclubs.scholastic.com.au)



### LOG-IN

On initial log in each year, you will need to complete the Wizard.

- 1 Select your **ISSUE**
- 2 Click on the **ORDER** tab
- 3 Select your **CLASS**
- 4 Select **STUDENT** or add a student  
*Add their items. Repeat 3 + 4 until all the orders are entered.*
- 5 Choose payment type.  
When done, click **NEXT**  
If applicable, click **USE VOUCHERS/REWARDS**  
or click **PAYMENT SUMMARY**
- 6 **SUBMIT ORDER**

Remember: Submit your **LOOP** orders at the same time so all books arrive together.



 SCHOLASTIC

# P.E

## 2020 PE Program

TERM	PE Focus		Whole School	District / SAPSASA
1	R-3	Coordination & Movement Skills Being Active, Healthy & Safe Ball Skills / Basketball	Sporting Schools  Tennis  <b>Week TBA</b>	District Swimming <b>Week 5</b>
	4-7	Team Challenges Being Active, Healthy & Safe Basketball		State Cricket / Tennis <b>Week 8</b>  Swimming Country <b>Week 9</b>  District Athletics <b>Week 10</b>
2	R-3	Team Challenges Sports Day Practice Netball / Hockey	School Mini Olympics  <b>Week TBA</b>	District Cross Country <b>Week 1</b>
	4-7	Sports Day Practice Invasion Games Netball / Hockey		State Cross Country Champs <b>Week 6</b>  State Football / Netball <b>Week 8</b>
3	R-3	Soccer / Football Gymnastics	Small Schools Sports Day  <b>Week TBA</b>	Golf Tournament <b>Week 3</b>
	4-7	Soccer / Football Gymnastics		State Hockey / Soccer <b>Week 7</b>  State Track & Field Country <b>Week 10</b>
4	R-3	Cricket Table Tennis	P.E Week <b>Week 5</b>  Swimming Lessons <b>Week 9</b>	State Softball <b>Week 4</b>
	4-7	Cricket / Table Tennis Badminton		

Our school is very lucky to have such amazing resources and facilities for students to engage in physical activities and develop many skills and knowledge of a variety of sports. If your child is interested in participating in trials for District Sports please contact me for further information.

This year the Gym will be open during half Lunch play time on **Mondays and Thursdays**, to support students' social & emotional wellbeing and promote being active and healthy.

P.E lessons will be every Thursday afternoon with Mrs Menzel:

R – 3      2:30pm – 3:25pm

4 – 7      1:25pm – 2:20pm

**Throughout the year parents/caregivers will be invited to come and watch some lessons, maybe even participate in some games!!**

# COMMUNITY NEWS



Aussie Hoops is Basketball Australia's official basketball development program. It's a perfect way to introduce your child to the game of basketball. Sessions are based around learning the fundamentals of the game in a fun, relaxed environment. The program caters for children aged 5-10 years, of all skill levels.

Come along and have a try!  
Term 1 registrations now open at  
[www.aussiehoops.com.au](http://www.aussiehoops.com.au)

WHERE: The Rex, Magnolia Road,  
Tanunda  
WHEN: Thursday 4.00pm – 4.45pm  
DURATION: Thursday February 13<sup>th</sup>  
February (Term 1,  
Week 3) – Thursday  
April 2<sup>nd</sup> (Term 1, Week  
10) 2020

COST:  
New Registration \$95.00 (including  
Aussie Hoops pack)  
Returning player \$70.00  
CONTACT: Ben MacCulloch,  
Aussie Hoops Co-ordinator  
P: 0417 802 032  
E: [benjamin.macculloch@cba.com.au](mailto:benjamin.macculloch@cba.com.au)

**TRURO**  
**P&F AGM**  
*All welcome.*  
We would love to see some new faces.  
Come along and meet current members at our  
AGM on Friday 21st February at 9:00am in the Lizard  
Learning Room.

The P&F actively work together to raise funds to benefit all children in the school. They have previously raised funds to purchase new readers, Maths Toolkits, Classroom furniture and many other resources for students to use.

Please come along - your support is greatly appreciated.

**All welcome.**

A reminder that the P&F membership is open to and includes ALL PARENTS & CAREGIVERS at the school. It is not limited to the core committee. Activities and monies raised benefit ALL children at Truro Primary School.

*Leah Cole*  
President



## Fun with Mindfulness

### TUESDAYS

3.45pm-4.45pm for ages 5-7 years  
5pm-6pm for ages 8-10 years

#### Your child will learn how to:

- ★ be more aware in the moment, paying attention to thoughts and feelings without judgement
- ★ develop an awareness of feelings and how to self regulate
- ★ have gratitude, compassion and generosity in everyday moments
- ★ be calmer, worry less and increase overall wellbeing
- ★ increase concentration, focus and develop healthy brain function
- ★ meditate in everyday life using the breath, an object, a body scan and through listening

*Pre-requisite for attendance is the ability to sit still and one carer to participate*

**CLASS DATES: (6 week course)**  
**18 Feb - 24 March 2020**

**CLASS FEES:** \$90 per child (no refunds available)

**BOOKINGS & ENQUIRIES:**  
Phone or text 0410 310 471

Classes held at  
**Fullarton Park Community Centre**  
411 Fullarton Road, Fullarton SA 5063



# WHAT'S HAPPENING

TERM 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 2	<i>February</i> 3	4	5	6	7 Newsletter
WEEK 3	10	11	12	13	14
WEEK 4	17	18 Assembly 3pm Teacher info & sausage sizzle	19	20	21 Newsletter P&F AGM - 9am
WEEK 5	24	25	26	27	28
WEEK 6	<i>March</i> 2	3	4 GRIP Leadership	5	6 Newsletter
WEEK 7	9	10	11	12	13
WEEK 8	16	17 Assembly 3pm	18	19	20 Newsletter
WEEK 9	23	24	25	26	27
WEEK 10	30	31	<i>April</i> 1	2	3 Newsletter
WEEK 11	6	7 Assembly 3pm	8	9 End of Term 1	10 GOOD FRIDAY

Assembly Roster - Term 1

Week 3 - Mrs Furnell's class hosting.

Week 6 - Miss Mudge's class hosting.

Week 9 - Mrs Musolino's class hosting.