

## Principal's Message

### World Teachers Day

Australia celebrated World Teacher's Day last Friday, 29th October. It was an opportunity to pay respect to our teachers who play such an important role in the lives of young people.

Teachers have always had the reputation of going far and above the call of duty because of their love of learning, but what has been required to keep educational services going in times of COVID has set a demand for even higher levels of commitment to our students and support for our families.

Teachers are preparing students for a future we can only imagine and this task is essential for the sustainability of the community, the country and the world. Our teachers continue to strive for excellence at all levels and work tirelessly as a team to achieve learning goals for all students. To all the teachers at Truro Primary School, thank you for all that you do.

### 2022 Classes

We are currently working on class structures for next year. Please make an appointment to meet with meet or send me an email if you have any concerns about your child/children for next year.

Happy Friday, enjoy your weekend!

**Val Menzel**

valerie.menzel106@schools.sa.edu.au

## PE Week

Physical Education is important every week, but next week is the week to celebrate it! #PEWeek2021

Physical Education Week promotes and highlights the importance of Health & PE in the Australian Curriculum to the learning and development of children and young people.

This term our year 3-7 PE class have worked in small groups to plan, organise and will run lunch time activities next week. More information is provided in this newsletter edition, put together by Axl Habel.



### Term 4 2021

#### November

Monday 8th - Friday 12th - PE Week.

Tuesday 9th - Kindy Transition.

Thursday 11th - Remembrance Day.

Tuesday 16th - Kindy Transition.

Monday 22nd - Student Free Day.

Governing Council.

Tuesday 23rd - Kindy Transition.

Yr 6/7 High School Transition.

Tuesday 30th - Kindy Transition.

#### December

Wednesday 1st - School Concert.

Saturday 4th - Truro Xmas Party.

## TRURO PRIMARY SCHOOL

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# School News

## Student Free Day

On Monday 22nd November we have a student free day scheduled. Teachers will be working on Curriculum planning for next year and also developing our Site Improvement Plan for the next 3-year cycle.

## Welcome

We have had some new students join us this term. We would like to extend a warm welcome to our new students & their families:

Yazmine (Yr6) & Miranda (Rec)  
Mason (Yr5) & Dakota (Yr2)

We hope you enjoy your time with us at Truro Primary .



Next week is PE Week. There will be activities run each day during lunch play. Remember to wear good footwear.

On Wednesday 10th of November Mrs Menzel will be hosting wheels day and you can bring a scooter, bike, skateboard or roller skates. All students must have safety gear. Mrs Menzel will also bring spare equipment.

On Friday is dress up day as favourite sport player, or sports or athletic clothes.



## PE WEEK TIMETABLE

M	T	W	Th	F
Stations on the Oval	Gymnastics Obstacle Course	Wheels Day	Cricket Dress-up Race	Obstacle Course on Oval
<u>Leaders:</u> Angel Eloise Blake Callum	<u>Leaders:</u> <b>Gymnastics:</b> Charlette, Yazmine, Hamish, Seth  <b>Obstacle Course:</b> Kaylee, Cailey, Mason, Dustin	<u>Leaders:</u> Mrs Menzel	<u>Leaders:</u> <b>Cricket:</b> Charlie, Jhett, Anna, Kendra  <b>Dress-up Race:</b> Caylee, Axl, Mackenzie, Madelyn	<u>Leaders:</u> Jessica Charlize Maddie Grace

# FINANCE

## Outstanding Payments

Could all outstanding payments for uniforms, fees, etc please be settled by **the 30th November 2021**. Our End of Financial Year closes off on the 31st December 2020 and I would like all outstanding payments cleared prior to that date.

## 2022 Materials & Services Charges

The Materials and Services Charge for 2022 will be \$253 for Year R - 6 students, as approved at the Governing Council meeting held on 25th October. Materials & Services invoices for the 2022 school year will be sent out early in Term 1, 2022.

As per our policy, we require all payments to be finalised by the end of Term 1 however, if you are unable to do so, a Payment By Instalment form can be completed and a payment plan arranged. The necessary financial forms will be sent out with the invoices in the new year.

## School Card

Families who applied for & were granted school card this year will be sent an email directly from the School Card department with details about applying for the 2022 scheme online. Families requiring hard copies of the School Card applications can see Rachael in the New Year for the correct application forms or the ED003A form can be completed online at <https://www.sa.gov.au/topics/education-and-learning/financial-help-scholarships-and-grants/school-card-scheme>.

If you have any queries, can you please see me in the office.

Thank you

Rachael

Dear Year 7 and 8 Caregivers for 2022

Today, I received word from Learning With Technologies (LWT) our Bring Your Own (BYO) Device Portal supplier, that some changes have had to be made to our portal devices in terms of "delivery estimates" due to there currently being a massive global chip shortage causing delays in IT hardware.

Therefore, I would encourage you please, if you haven't purchased a BYO device for your secondary student for 2022, to get onto this ASAP, to secure your place in the queue.

As per the image below, the Lenovo ThinkPad L13 Yoga is mostly affected with an arrival time in Australia of January 17th, 2022 – available for delivery after this date.

The other three devices still have reasonable delivery times, but stocks will run out so I was advised to pass this message on to you today.

BYO Device Portal link (left click on link) - <https://nuriootpahs.orderportal.com.au/Welcome?ofid=272&eid=63520>

BYO Device Portal message on LWT web-site - **Due to massive global shortages we are currently seeing long delivery timeframes from overseas. We ordered most of our stock in early May but are unfortunately now seeing some dates stretching past the start of the school year with some devices. Products in the NHS Device Portal show their likely delivery date to help you choose (see image below). You can pay a \$100 deposit directly to LWT to secure a device and pay the remainder prior to the unit shipping.**

Many thanks

John Barkley  
Technologies Coordinator – Nuriootpa High School  
E: [john.barkley601@schools.sa.edu.au](mailto:john.barkley601@schools.sa.edu.au)

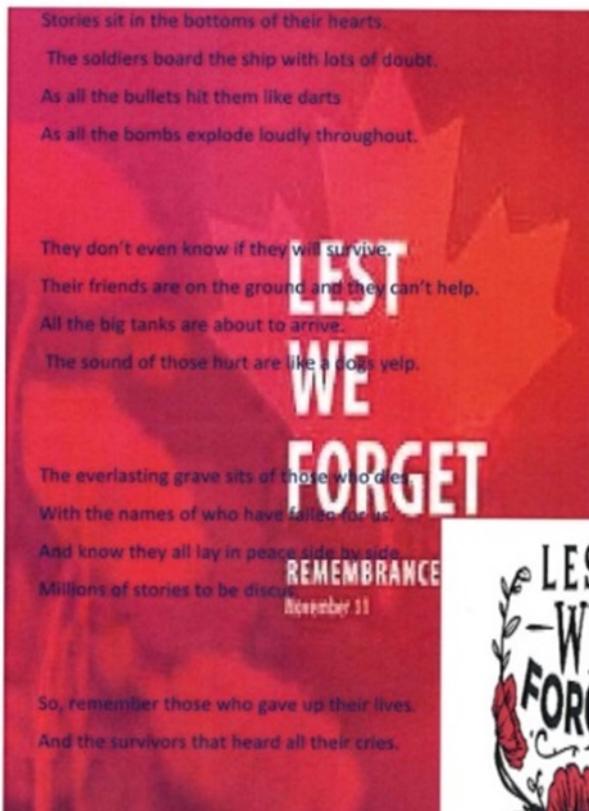
4 to 5 days to ship	4 to 5 days to ship	1 to 2 weeks to ship
		
Lenovo 11e Yoga 5th Gen - 11.6" Celeron Touch \$815.80	Acer Travelmate B311 Spin - 11.6", 128GB, Stylus \$836.00	Lenovo 11e Yoga 6th Gen - 11.6" Core i3, 8GB 256GB \$913.00
<input type="checkbox"/> Select	<input type="checkbox"/> Select	<input type="checkbox"/> Select
 Celeron	 Pentium	 m3
 11.6"	 11.6"	 11.6"
 128GB	 128GB	 256GB
 4GB	 4GB	 8GB
 1.6KG	 1.49KG	 1.4KG
 12 hrs	 12 hrs	 12 hrs
		
11 weeks to ship (From 17-Jan-2022)		
Lenovo ThinkPad L13 Yoga Gen 2 - 13.3" Touch, Core i5, \$1,254.00		
<input type="checkbox"/> Select		

# Year 4-7 - Poetry

Some students created Sonnet poems about Remembrance Day and the whole class worked on Nursery rhyme tunes and how to write their own poems to fit a well-known nursery rhyme tune.

## Remembrance Day Sonnets

### Remembrance Day sonnet



REMEMBRANCE DAY

Two world wars and yet many more have passed,  
So, let us remember what has happened.  
And for us to hope that they were the last,  
Through years that some had seen that had blackened.

World war one started in 1914,  
And it had lasted for about 4 years!  
But was a horrible time in between,  
And people had came home covered in tears.

World war two was very astonishing,  
in 1939 - 45.  
To this day we are still acknowledging,  
That luckily most soldiers had survived.

This day and others, we will remember,  
Every eleventh of November.

*By Kendra*

# Nursery Rhyme patterns

Speedy greedy Nascar, Racing round the bend  
Here is debris and the car spins out.  
Out came the safety car and cleared up the track  
And Speedy greedy Nascar raced round the bend again

## The supermarkets

12 Supermarkets have some food yummy yummy yum  
13 and some of that food was carrots yummy yummy yum  
10 with a crunch crunch here and a crunch crunch there,  
3 here a crunch,  
3 there a crunch,  
5 everywhere a crunch crunch.  
12 Supermarkets have some food yummy yummy yum

12 Supermarkets have some food yummy yummy yum  
13 and some of that food was strawberries yummy yummy yum  
10 with a smooch here and a smooch smooch there,  
3 here a smooch,  
3 there a smooch,  
5 everywhere a smooch smooch.  
12 Supermarkets have some food yummy yummy yum

12 Supermarkets have some food yummy yummy yum  
13 and some of that food are apples yummy yummy yum  
10 with a munch munch here and a munch munch there,  
3 here a munch,  
3 there a munch,  
5 everywhere a munch munch.  
12 Supermarkets have some food yummy yummy yum

12 Supermarkets have some food yummy yummy yum  
13 and some of that food was pear yummy yummy yum  
10 with a squash squash here and a squash squash there,  
3 here a squash,  
3 there a squash,  
5 everywhere a crunch squash.  
12 Supermarkets have some food yummy yummy yum

By Maddie

The old farmer had a barn yippee yippee yay  
and in that barn there was a tractor yippee yippee yay  
with a rumble rumble here and a rumble rumble there  
here a rumble there

a rumble everywhere a rumble rumble

The old farmer had a barn yippee yippee yay.

The old farmer had a barn yippee yippee yay  
and in that barn there was a car yippee yippee yay  
with a rev rev here and a rev rev there here a rev there  
a rev everywhere a rev rev.

The old farmer had a barn yippee yippee yay.

The old farmer had a barn yippee yippee yay  
and in that barn there was a horse yippee yippee yay  
with a neigh neigh here and a neigh neigh there here a  
neigh there

a neigh everywhere a neigh neigh.

The old farmer had a barn yippee yippee yay.

## The old Zombie

The old Zombie had some dinner, munch, crunch, munch, crunch,  
munch.

And with that dinner he had a carrot, munch, crunch, munch, crunch,  
munch.

With a groan, groan, here and a, groan, groan, there.

Here a groan, there a groan, everywhere a groan, groan. The old  
Zombie had some dinner, munch, crunch, munch, crunch, munch.

And with that dinner he had a beetroot, munch, crunch, munch,  
crunch, munch.

With a yum, yum here and a, yum, yum, there.

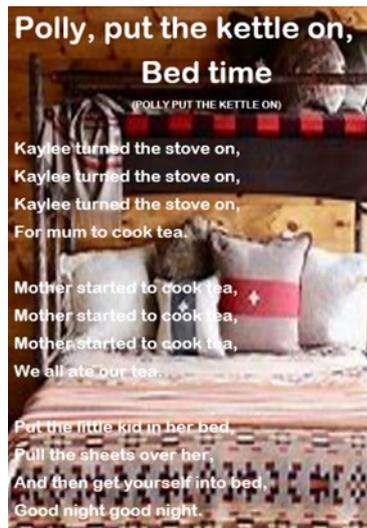
Here a yum, there a yum, everywhere a yum, yum. The old Zombie  
had some dinner, munch, crunch, munch, crunch, munch.

And with that dinner he had some brains, munch, crunch, munch,  
crunch, munch.

With a slurp, slurp here and a slurp, slurp, there.

Here a slurp, there a slurp, everywhere a slurp, slurp. The old Zombie  
had some dinner, munch, crunch, munch, crunch, munch.

By Blake



Tincy Wincy Charlie he tried to climb a tree, down  
came a bird that swoop him to the floor, out came a  
scarecrow and scared it faraway, and tincy wincy  
Charlie climbed a tree again. YAY

There was a girl who had a puppy,  
And Jazzy she was called.  
I-A-Z-Z-Y  
I-A-Z-Z-Y  
I-A-Z-Z-Y  
And Jazzy she was called.  
There was a girl who had a puppy,  
And Jazzy she was called.  
(clap)-A-Z-Z-Y  
(clap)-A-Z-Z-Y  
(clap)-A-Z-Z-Y  
And Jazzy she was called.  
There was a girl who had a puppy,  
And Jazzy she was called.  
(clap)-(clap)-Z-Z-Y  
(clap)-(clap)-Z-Z-Y  
(clap)-(clap)-Z-Z-Y  
And Jazzy she was called.  
There was a girl who had a puppy,  
And Jazzy she was called.  
(clap)-(clap)-(clap)-Z-Z-Y  
(clap)-(clap)-(clap)-Z-Z-Y  
(clap)-(clap)-(clap)-Z-Z-Y  
And Jazzy she was called.



There was a girl who had a puppy,  
And Jazzy she was called.  
(clap)-(clap)-(clap)-Z-Z-Y  
And Jazzy she was called.  
There was a girl who had a puppy,  
And Jazzy she was called.  
(clap)-(clap)-(clap)-(clap)-Y  
(clap)-(clap)-(clap)-(clap)-Y  
(clap)-(clap)-(clap)-(clap)-Y  
And Jazzy she was called.  
There was a girl who had a puppy,  
And Jazzy she was called.  
(clap)-(clap)-(clap)-(clap)-(clap)  
(clap)-(clap)-(clap)-(clap)-(clap)  
(clap)-(clap)-(clap)-(clap)-(clap)  
And Jazzy she was called.

## Racetracks

All racetracks are full of cars vroom, vroom, vroom, vroom, vroom.

And in those cars there is a driver vroom, vroom, vroom, vroom, vroom.

With a woohoo here and a woohoo there here a woohoo there a woohoo  
everywhere a woohoo.

All racetracks are full of cars vroom, vroom, vroom, vroom, vroom.

All racetracks are full of cars vroom, vroom, vroom, vroom, vroom.

And in those cars there is a gearstick vroom, vroom, vroom, vroom, vroom.

With a crunch, crunch here and a crunch, crunch there here a crunch, crunch  
there a crunch, crunch everywhere a crunch, crunch.

All racetracks are full of cars vroom, vroom, vroom, vroom, vroom.

All racetracks are full of cars vroom, vroom, vroom, vroom, vroom.

And in those cars there is a horn vroom, vroom, vroom, vroom, vroom.

With a crash, crash here and a crash, crash there here a crash, crash there a  
crash, crash everywhere a crash, crash.

All racetracks are full of cars vroom, vroom, vroom, vroom, vroom.

All racetracks are full of cars vroom, vroom, vroom, vroom, vroom.

And in those cars there is a extinguisher vroom, vroom, vroom, vroom, vroom.

With a whoosh, whoosh here and a whoosh, whoosh there here a whoosh,  
whoosh there a whoosh, whoosh everywhere a whoosh, whoosh.

All racetracks are full of cars vroom, vroom, vroom, vroom, vroom.

**Sew, sew, sew  
the coat.**

Sew, sew, sew the coat,

Gently up the seam,

If you see its finished,

don't forget to beam.

# WHAT'S HAPPENING

TERM 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 5	8 PE Week	9 Kindy Transition	10	11 Remembrance Day	12
WEEK 6	15	16 Kindy Transition	17	18	19 Newsletter
WEEK 7	22 Student Free Day Governing Council	23 Kindy Transition High School Transition	24	25	26
WEEK 8	29	30 Kindy Transition	December 1 School Concert	2	3 Newsletter
WEEK 9	6 Swimming Week	7	8	9	10 End of Term 4

## Preparation for Bushfire Season

Our school has detailed plans in place to keep your child safe on catastrophic fire days or in the event of a bushfire. Our school is not classified as being high risk & therefore will remain open on Catastrophic Fire Days.

To help us keep your child as safe as possible, parents and caregivers can prepare for the fire danger season by:

- making a bushfire survival plan with your family
- providing us with your up-to-date contact details
  - advising the school if your family's personal bushfire survival plan will impact school attendance
  - talking to your child about what will happen in a bushfire emergency
  - liking the CFS, SES and SAPOL pages on Facebook
  - adding the emergency information hotline 1800 000 279 to your contacts.

Parents and caregivers should also read and save the new [bushfire and your child's school or preschool](#) brochure which is available on Skoolbag or from the front office. This resource explains what our school will do on a catastrophic fire day or in the event of a fire.

You can also access the brochure by searching 'bushfire information' on [www.education.sa.gov.au](http://www.education.sa.gov.au).

The department's Emergency Information Hotline is a dedicated number for families to phone during emergency incidents to provide information, including planned school closures.

**Emergency Information Hotline:** 1800 000 279

A messaging facility is available that is monitored out of hours.



**1800 000 279**

## How parents and caregivers can prepare for a natural disaster

Australia is affected by many different types of disaster, including floods, bushfires and cyclones. Preparing yourself and your family ahead of time can really make a big difference to how you and your family respond and cope if there is a disaster.

Preparedness is important and helps you and your family members to work together to get ready practically and emotionally for a potential disaster. This can increase your confidence and ability to deal with a disaster, think more clearly and act according to the household emergency plan.

One of the most important ways you can minimise your children's stress and anxiety in an emergency situation is through coping well yourself.

### Practical and psychological strategies

You can start to prepare yourself and your family for a possible disaster by using both practical and psychological strategies. Psychological and physical preparation are closely linked, and both are important.

#### Practical preparation:

- Know your emergency contacts and keep them somewhere that's easy to find.
- Know where, how and when to get help.
- Know where you can get up to date, reliable information about the disaster.
- Gather facts and information about the threat.
- Access critical information about warnings and actions to take.
- Get the things together that you may need to take with you ahead of time. This could be passports, money, credit cards, important contacts, medicines and photographs.

- Sit down and talk with all members of the household, including young children, about your family emergency plan (e.g. what you might do if you have to stay in your home, and where you might go if you can't).
- Discuss your emergency plan regularly and keep it somewhere everyone can see.

#### Psychological preparation:

- Know about the risks and what you can do – this helps you to deal with disasters more effectively should they occur.
- Prepare yourself psychologically so that you feel more in control and are aware of what to expect.
- Know that feeling worried and stressed is normal, and that you can manage the stress and fear by learning how to identify feelings, bodily responses and thoughts, and having coping statements like, 'I can cope with this, we know what to do'.
- Learn breathing exercises to slow down breathing and keep calm.
- Help your children to identify and label their feelings. Teach them how to slow their breathing and calm down to help manage panic and overwhelming feelings.
- Listen to children's concerns and check in with any misperceptions or ideas and correct them.

### Talking to your children

Lots of people think that if they talk to their children about the potential threat of a disaster then they will scare or traumatise them. In fact, talking to your child openly and honestly, and letting them know that you are prepared and have a plan, helps them to feel safer and more secure. It will also help them to deal with the impact of a disaster if it does happen.

This resource was co-produced by:



Australian  
National  
University

The National Workforce Centre for Child Mental Health (NWC) is funded by the Australian Government Department of Health under the National Support for Child and Youth Mental Health Program.

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March, 2020

## The High Five Model of Psychosocial Preparedness

This is a strategy that can help you to prepare for, respond to and recover from disasters.



### How to talk about disaster preparedness

Tell children that disasters can happen and if you as a family all know what to do, then it will help everyone keep safe. You will know what to do, when to do it and who can help you.

It's important for parents to stay calm and speak with confidence when discussing the family emergency plan as this will help reduce your child's worries.

Allow children to ask any questions or make comments they may have about disaster preparedness. This will help you to understand what needs clarification and dispel any misconceptions they may have.

Don't catastrophise or over dramatise. Assure children that with preparedness, things will be less scary and a lot safer.

Children may want to go over the ideas more than once depending on their age. Follow their lead, let them speak about it or ask more questions and check in if they are worried about something happening soon. If they are worried, let them know this is normal. Show acceptance of their feelings but let them know that you are not worried about anything happening yourself and your planning will help if it does.

For more information about emergency preparedness: <https://www.redcross.org.au/get-help/emergencies/resources-about-disasters/resources-for-parents-and-teachers>

### Involve children in disaster preparedness

There are benefits with involving your children in disaster preparedness.

Your child will:

- feel more able to deal with the threat, and feel safe and secure in knowing that you have a plan
- be able to tell you what is most important for them to take with them in the event of a disaster
- know that even if you are affected by a disaster, your family will use its resources to work together.

### Don't forget the pets

Pets are members of your family too, so thinking about what you will do with your animals is an important part of disaster preparedness.

In the event of a natural disaster, most local councils will have somewhere that you will be able to take your animals where they will be safe. Knowing where this is and thinking about how you will get your animals there should be part of your disaster preparedness plan. Telling your children that you also have a plan in place for their favourite pet will also be reassuring for them.

You may be lucky and never be affected by a disaster; however, if you are affected and you are prepared, the physical and psychological outcomes for you and your family are likely to be much more positive.

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